

## Chapter Seven

# Power of Predictability

It is a simple oversight in parenting that we do not keep our children in the loop on the direction of their lives. It starts at birth. Because our infant cannot communicate intelligibly, we develop the notion that children are not sophisticated enough to receive information about their destinies.

We decide what they will eat, what they will wear, when they will get up and go to bed, when they will watch television, what activities and hobbies they will pursue, when they will be allowed to date and drive, and so many facets of their lives...largely without ever consulting them.

We plan their lives and ours, but seldom do we involve them in those plans. We go on vacation, move to a new city or home, have more children, and separate or divorce, but seldom are children made aware of the